

Belegungsplan TVB - Halle

| Uhrzeit | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag | Sonntag |
|-------------|------------------------------|----------------------|-------------------------------|-----------------------------|----------------------|------------------|---------|
| 8:00-8:30 | Putzfirma | | | Putzfirma | | | |
| 9:00-9:30 | | | | | | | |
| 9:00-9:30 | | | Fitness-Gymnastik | Orthopädie-Gruppe | Eltern-Kind Turnen 1 | | |
| 9:30-10:00 | | | | | | | |
| 10:00-10:30 | | | Seniorenfit | Orthopädie-Gruppe | | | |
| 10:30-11:00 | | | | | | | |
| 11:00-11:30 | | | | | | TT-Regionalsport | |
| 11:30-12:00 | | | | | | | |
| 12:00-12:30 | | | | | | | |
| 12:30-13:00 | | | | | | | |
| 13:00-13:30 | | | | | | | |
| 13:30-14:00 | | | | | | | |
| 14:00-14:15 | | | | | | | |
| 14:15-14:30 | | | | | | | |
| 14:30-14:45 | | | | | | | |
| 14:45-15:00 | | | Kinder - Turnen 4 Jahre(m+w) | | | | |
| 15:00-15:15 | | | | | | | |
| 15:15-15:30 | | | | | | | |
| 15:30-15:45 | Fun 4 Girls | Turnen 3-Jahre (m+w) | | Turnen 1 1+2 Klasse (w) | TT-Beginner | | |
| 15:45-16:00 | | | | | | | |
| 16:00-16:15 | | | | | | | |
| 16:15-16:30 | | | | | | | |
| 16:30-16:45 | | | | | | | |
| 16:45-17:00 | | | | | | | |
| 17:00-17:15 | Sport bei Krebs/ Diabetes | Turnen 3 | Othopädie-Gruppe | Turnen 2 ab 3.Klasse (w) | TT-Regional-Sport | | |
| 17:15-17:30 | | | | | | | |
| 17:30-17:45 | | | | | | | |
| 17:45-18:00 | | | | | | | |
| 18:00-18:15 | Lungen-Sport /COPD | | TT-Schüler Jugend | | | | |
| 18:15-18:30 | | | | | | | |
| 18:30-18:45 | | | | | | | |
| 18:45-19:00 | | | | | | | |
| 19:00-19:15 | | Rundum Fit | TT-Erwachsene | Dance Fitness | Ab/ Umbau | | |
| 19:15-19:30 | Herzsport Gruppe 1 | | | | | | |
| 19:30-19:45 | | | | | | | |
| 19:45-20:00 | | | | | | | |
| 20:00-20:15 | | | | | | | |
| 20:15-20:30 | Herzsport Gruppe2 | Faszien-training | | Rücken Fit | TT-Spieltag | | |
| 20:30-20:45 | | | | | | | |
| 20:45-21:00 | | | | | | | |
| 21:00-21:15 | | | | | | | |
| 21:15-21:30 | | | | | | | |
| 21:30-21:45 | | | | | | | |
| 21:45-22:00 | | | | | | | |